



Premier Pulmonary Critical Care and Sleep Medicine

5012 S U.S Hwy 75 Suite 200, **Denison**, TX 75020
3094 Laura Lane, Suite 100, **McKinney**, TX 75070
3100 Midway Road Suite 168, **Plano**, TX 75093
Phone: 903-465-5012 Fax: 866-307-7513

You are scheduled for a procedure at:

Texoma Medical Center

5016 US Hwy 75 Denison, TX 75020

Baylor Scott & White McKinney

5252 W University Dr (Hwy 380 at Lake forest) McKinney, Tx 75071

Medical City McKinney

4500 Medical Center Dr McKinney, TX 75069

Texas Health Presbyterian Hospital

6200 W Parker Rd, Plano, Tx 75093

- You are scheduled on _____ **(Date)**
at _____ **AM/PM (TIME)**
- You will need to arrive **1 ½ hours** prior to your scheduled time for registration, Please Arrive at _____ **AM/PM**



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Instructions:

- Nothing to eat or drink after midnight the night before your procedure. Small drinks of water are okay. No coffee, soda, juice, chewing gum, etc.
- On the morning of the procedure, you must take your usual medication(s) with only SMALL sips of water. Blood thinner and insulin medications will be discussed in the bold sections below.
- When you arrive at the facility, patients should proceed directly to the main registration check in. The procedure is done on an outpatient basis; HOWEVER, since general anesthesia is involved, you will need to have someone to drive you home post-op. Typically, the patient will be discharged home a few hours after the procedure.
- Blood test(s) and EKG may be performed after checking in, and the nurses may insert an IV.
- Results will be given to the patient at their scheduled appointment time, usually 2-3 weeks after the procedure. Some results take up to 6 weeks to be finalized.

Reminders:

- Aspirin/Eliquis/Xarelto- Stop 24 hours prior
- Lovenox (Enoxaparin)- Stop 24 hours prior
- Plavix (Clopidogrel)- Stop 5-7 prior (if OK'd by prescribing physician)
- Coumadin (Warfarin)- Stop 5 days prior
- Insulin/ Diabetic Pills- May be altered by physician for 24 hours
- Blood pressure Pills- Must be taken as usual on the day of the procedure
- Water pills (diuretics)- Must skip the day of the procedure
- Antibiotics- Should be taken after procedure is complete

Patient signature: _____ **Date:** _____